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October 2022

### CARING COMMUNITY UPDATE



### **INCREASING ACCESS TO BEHAVIORAL HEALTH RESOURCES**

Behavioral health has been an increasing community health concern for many years, and the pandemic has only exacerbated the intense need for a broader range of services in Monterey County.

To increase the impact of behavioral health services, our goal is to expand telehealth and increase access options. The SVMC Behavioral Health Clinic hopes to expand resources available to patients with behavioral health and substance use disorders. Fundraising to provide these telehealth opportunities is a good first step. We hope to further support this effort by providing financial assistance for initial, and most importantly, ongoing care, regardless of a patient's ability to pay.

Thanks to the generosity of the annual MC Gives campaign and its major supporters, 202 local non-profits, including ours, will have the opportunity to receive a pro-rated match on the first \$75,000 raised. We hope you'll consider supporting us as you plan for your year-end giving. When the campaign launches on November 10th, you can visit montereycountygives.com/svmh to learn more and to make an online tax-deductible donation. We are grateful to the Monterey County Weekly, Community Foundation for Monterey County, and Monterey Peninsula Foundation for providing this incredible opportunity, which has generated over \$45 million in philanthropy since it launched in 2000.

MONTEREY COUNTY (CIVES!

Joining Together for Big Ideas

## **October is Breast Cancer Awareness Month**

October may be coming to a close, but that doesn't mean that breast cancer awareness needs to. With state-of-the-art medical care for screenings, biopsies, and assessments, the Nancy Ausonio Mammography Center has been providing women with the physical and emotional care they need for over 10 years.

NANCY AUSONIO
Mammography Center

Salinas Valley Memorial Healthcare System

Awareness matters year round, and thanks to generous donors we are able to continue to support technological advancements at the Center year after year.

## Welcome to the SVMH Foundation Team!



**Anicia Torres**Department Assistant

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**Emily Gonzalez**Annual Programs Coordinator

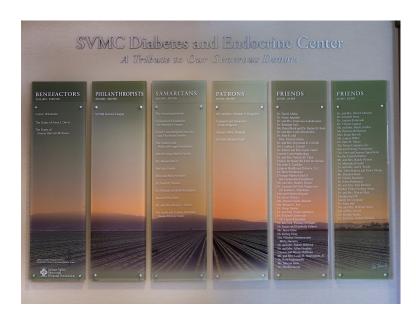
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## **Generosity on Display**

The SVMC Diabetes and Endocrine Center recently unveiled a beautiful new donor board, located just outside of their main entrance doors. This board recognizes the generosity of those who contributed to the creation of the clinic with donations of \$1,000 or more.

We invite you to stop by the Clinic to see the donor board in person and see the



names of dozens of community members who came together to make this clinic a reality. The donor board is located at 355 Abbott Street, on the second floor.



### Saturday, November 5th, 2022

9:00am - 10:00am Fort Ord Badger Hills Trailhead (across from Toro Café on Highway 68)

Salinas Valley Memorial Healthcare System invites you to join our physicians and clinical staff on a monthly walk and talk that will inspire and inform. November is Diabetes Awareness Month, and a perfect opportunity to hear from Registered Dietitians Ashley LaBrier and Marta Pellett from the SVMC Diabetes & Endocrine Center.

To learn more, visit www.svmh.com or click here to register online.

# **Coming Together for the Greater Good**

For the first time, six organizations combined efforts to work together on identifying the greatest health needs of Monterey County. The Monterey County Health Needs Collaborative partners include Community Hospital of the Monterey



Peninsula, Salinas Valley Memorial Healthcare System, Mee Memorial Healthcare System, Natividad, the County of Monterey Health Department, and United Way Monterey County.

Not-for-profit hospitals must complete a Community Health Needs Assessment (CHNA) every three years, and Health Departments must do so every five years. By coming together, these six community stakeholders were able to collaborate and prioritize needs across the entire county.

This year, the top three community health needs were identified (in order of priority) as:

- 1. Diabetes
- 2. Mental Health
- 3. Access to Health Care Services

Looking ahead, all six agencies are committed to working together to optimize the health and wellness of all people living and working in Monterey County.

Click here to read the complete 2022 Community Health Needs Assessment for Monterey County.

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